



Basic Prayer Shawl Instructions

Shawls are knitted or crocheted in a pattern of three, symbolizing the Holy Trinity.

Basic Knitting Pattern

Buy sufficient medium to bulky weight yarn (weights 4-6) to allow for between 450-500 yards of yarn for the shawl. Skein weight, yarn weight, yardage and fiber content vary dramatically among yarns.

Use Size 11 or 13 needles.

Cast on 57 stitches.

Row 1: Work in a pattern of knit 3, purl 3, starting with K3.

Row 2: Reverse Row 1 pattern, knit the purls and purl the knits

Repeat these two rows for pattern.

Odd Rows: Complete row beginning with K3.

Even Rows: Complete the row beginning with P3.

Continue until the shawl is six feet long.

You may add fringe, beads or charms if you wish.

Basic Crochet Pattern

Buy sufficient medium to bulky weight yarn (weights 4-6) to allow for between 550-650 yards of yarn for the shawl. Skein weight, yarn weight, yardage and fiber content vary dramatically among yarns. Keep in mind that crocheting generally requires more yarn than knitting.

Use Size N hook.

Chain 54 stitches, chain 1, turn.

Row 1: Single crochet (SC) in each of the chains to the end, chain 3 and turn.

Row 2: Double crochet (DC) in top of each single crochet across; chain 3 and turn.

Rows 3-4: Repeat Row 2, two more times, chain 1, and turn.

Row 5: Single crochet (SC) in each double crochet, chain 3 and turn.

Repeat the pattern of one row of single crochet and three rows of double crochet until the shawl measures six feet, ending with a row of single crochet.

You may add fringe, beads or charms if you wish.