

**HELP
REQUEST
FORM**



**ASCENSION
SENIOR ADULT
MINISTRIES**
INVITE ■ GROW ■ SERVE

MINOR MAINTENANCE MINISTRIES

Help Request Form: For Seniors With Home & Yard

Name: _____

Address: _____

Home Phone: _____ Email: _____

Cell phone: _____ Preferred Method Of Contact: _____

From "A to Z" the 3M Team is here to serve our senior friends, in Christ's name.

Circle the items you could help with. Help includes such things as . . .

- | | |
|---|---------------------------------------|
| A – alteration of clothing | M – mailbox repair |
| appliance repair (minor) | N – new screens |
| B – broken items repaired | O – organizing |
| C – carpentry | P – plumbing or painting |
| D – dusting | Q – quality volunteers |
| E – electrical | R – roof repair |
| F – furniture moving | S – smoke & carbon monoxide detectors |
| G – gardening, gutter clearance | T – tree trimming, tile repair |
| H – handle bar installation | U – under the eaves |
| hauling & dumping | V – vacuuming |
| I – ice maker issues | W – window cleaning |
| J – Jesus, our Servant-King, is our inspiration | X – x-cellent work |
| & motivation! (John 13:14-15) | Y – yard work |
| K – kitchen cleaning | Z – zippy follow up! |
| L – light bulb changing, ladder-needed jobs | |

Please notify the 3M Team Leader Beverly David by phone at 805-495-0190, or email bdavidgpe@yahoo.com, or drop this form off at the church office, and let us know what you need to have done.

This ministry is provided free of charge (for labor, not material) for seniors who are members of Ascension Lutheran Church.