

**VOLUNTEER
TO
HELP**



**ASCENSION
SENIOR ADULT
MINISTRIES**
INVITE • GROW • SERVE

MINOR MAINTENANCE MINISTRIES

Volunteer To Help Seniors With Home & Yard

Name: _____

Address: _____

Home Phone: _____ Email: _____

Cell phone: _____ Preferred Method Of Contact: _____

From "A to Z" the 3M Team is here to **serve** our senior friends, in Christ's name.

Circle the items you could help with. **Help** includes such things as . . .

- | | |
|--|---|
| A – alteration of clothing, assemble furniture
appliance repair (minor) | M – mailbox repair, mow lawn |
| B – broken items repaired | N – new screens |
| C – carpentry, cook(prepare & freeze), clean fridge | O – organizing |
| D – dusting | P – plumbing or painting (minor), pull weeds |
| E – electrical, electronics(computer synching) | Q – quality volunteers |
| F – feeding pets, fold laundry | R – roof repair (minor), rake leaves |
| G – gardening, gutter clearance, grocery shop | S – smoke & carbon monoxide detectors, sweeping |
| H – handle bar installation, holiday lights | T – tree trimming, tile repair |
| I – ice maker issues | U – under the eaves |
| J – Jesus, our Servant-King, is our inspiration
& motivation! (John 13:14-15) | V – vacuuming |
| K – kitchen cleaning | W – window cleaning, wash car, write letters |
| L – light bulb changing, ladder-needed jobs | X – x-cellent work |
| | Y – yard work |
| | Z – zippy follow up! |

Are there any other services you'd be interested in doing? _____

Please drop this form off at the church office. For more information, contact Beverly David: 805-428-5144 or email:

bdavidgpe@yahoo.com.

This ministry is provided free of charge (for labor, not material) for seniors who are members of Ascension Lutheran Church.

You are free to say "yes" or "no" to any requests.

Thank you, in advance, for your service!